# SIMON FRASER UNIVERSITY

#### EDUCATION 425-4

## COUNSELLING FOR THE CLASSROOM TEACHER

Fall Semester, 1989 (September5, - December 15) Tuesdays, 4:30 - 8:20 p.m. Location: MPX 7610

Instructor: Dr. A. Horvath Office: MPX 9613 Phone: 291-3624

### **Course Description**

This course is intended for senior students or practicing teachers who wish to explore the contributions counselling skills provide. The course is designed to develop some counselling skills that can be applied within the classroom setting. A combination of lectures, discussions, practice exercises and seminars will be used to explore such topics as: the role of the counsellor in the school, different models of counselling, effective helping skills, the use of group discussion to promote affective development, and the use of assessment techniques in the classroom.

#### **Course Requirements**

- 1. Change project and paper 30%. (Identification of a desirable change in one's own life and a diary of application of some of the counselling skills learned in class to this issue).
- 2. Research task and class presentation 30%. (Exploration of a specific target problem in counselling, and presentation in class of your findings).
- 3. Short exams (2) based on class content; 12% each.
- 4. Class participation 16%.

#### <u>Text</u> (Required)

Thompson, C.L., & Rudolph, L.B. (1983). Counselling children. Monterey: Brooks/Cole.

(Additional Resources)

Allan, J. Inscapes of the child's world: Jungian counselling in schools and clinics. Publisher: Spring. ISBN: 0-88214-338-7.

Barber, J., & Allan, J. (1986). Managing common classroom problems. Toronto: U. of Toronto.